



Contact



info@opt-training.com



www.opt-training.com



RN Beverley Silkstone - 084 497 5315

RN Michelle Torr - 083 556 7904



With adherence to IPC Policies and Practices

Empowering nurses and health professionals with knowledge, skills and confidence to manage their development in healthcare and to uphold nursing standards in patient care.

WORKSHOP PRICE LIST 2026

WORKSHOP	COST
BLS for Healthcare Providers	R 1550
CPR for Family and Friends	R 1050
CPR for Family and Friends incl. First Aid for Children	R 1050
Basic Wound Care Workshop (Carer's, ENA's)	R 1000
Basic Wound Care - 2 Day Workshop (RN's, EN's)	R 1700
Pressure Injury Prevention Workshop (ALL)	R 1400
Pressure Injury Management - 2 Day Workshop (RN's, EN's)	R 2300
Wound Care Program - Workshop (RN's, EN's)	PoR
Introduction to Intravenous Therapy	R 1650
Medication Review Workshop	R 1350
Introduction to Infection Prevention and Control Workshop	R 1650
Introduction to Pain Management Workshop (RN's, EN's)	R 1350
Introduction to the Care of the Patient with Dementia - 6hr Workshop (Carer's, ENA's)	R 1000
Introduction to the Care of the Patient with Dementia - 6hr Workshop (RN's, EN's)	R 1200
Early Warning Signs - 6hr Workshop (ALL)	R 1000
Soft Skills Training - 6hr Workshop (Carer's, ENA's)	R 1000
Soft Skills Training - 6hr Workshop (RN's, EN's)	R 1200
The Essentials of Record Keeping and Nursing Documentation Workshop	R 1650