




Contact

 info@opt-training.com

 www.opt-training.com

 RN Beverley Silkstone - 084 497 5315
RN Michelle Torr - 083 556 7904



With adherence to IPC Policies and Practices

Empowering nurses and health professionals with knowledge, skills and confidence to manage their development in healthcare and to uphold nursing standards in patient care.

WORKSHOP PRICE LIST 2026

| WORKSHOP | COST |
|---|--------|
| BLS for Healthcare Providers | R 1550 |
| CPR for Family and Friends | R 1050 |
| CPR for Family and Friends incl. First Aid for Children | R 1050 |
| Basic Wound Care Workshop (Carer's, ENA's) | R 1000 |
| Basic Wound Care - 2 Day Workshop (RN's, EN's) | R 1700 |
| Pressure Injury Prevention Workshop (ALL) | R 1400 |
| Pressure Injury Management - 2 Day Workshop (RN's, EN's) | R 2300 |
| Wound Care Program - Workshop (RN's, EN's) | PoR |
| Introduction to Intravenous Therapy | R 1650 |
| Medication Review Workshop | R 1350 |
| Introduction to Infection Prevention and Control Workshop | R 1650 |
| Introduction to Pain Management Workshop (RN's, EN's) | R 1350 |
| Introduction to the Care of the Patient with Dementia - 6hr Workshop (Carer's, ENA's) | R 1000 |
| Introduction to the Care of the Patient with Dementia - 6hr Workshop (RN's, EN's) | R 1200 |
| Early Warning Signs - 6hr Workshop (ALL) | R 1000 |
| Soft Skills Training - 6hr Workshop (Carer's, ENA's) | R 1000 |
| Soft Skills Training - 6hr Workshop (RN's, EN's) | R 1200 |
| The Essentials of Record Keeping and Nursing Documentation Workshop | R 1650 |